

St. George's Episcopal Church

Uniting in Worship.
Welcoming in Grace.



5224 Minnetonka Boulevard

St. George's Episcopal Church

This is a free publication for members and friends

Saint Louis Park, MN 55416

connect@stgeorgesonline.org

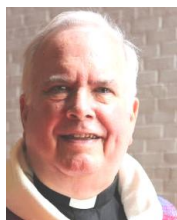
952-926-1646

February 2022

Volume 29, No. 2

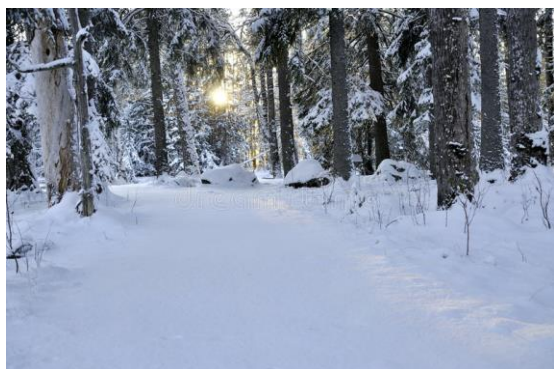
A MID-WINTER REFLECTION!

By The Rev. Tom Gehlsen



I am growing in the awareness that God wants my whole life, not just part of it. It is not enough to give just so much time and attention to God and keep the rest for myself. It is not enough to pray often and deeply and then move from there to my own projects.

To return to God means to return to God with all that I am and all that I have. I cannot return to God with just half of my being. As I reflected this morning again on the story of the prodigal son and tried to experience myself in the embrace of the father, I suddenly felt a certain resistance to being embraced so fully and totally. I experienced not only a desire to be embraced, but also a fear of losing my independence. I realized that God's love is a jealous love. God wants not just a part of me, but all of me. Only when I surrender myself completely to God's love can I expect to be free from endless distractions, ready to hear the voice of love, and able to recognize my own unique call.



Calling All Chalice Bearers & Potential Chalice Bearers!

By Laura Harmon

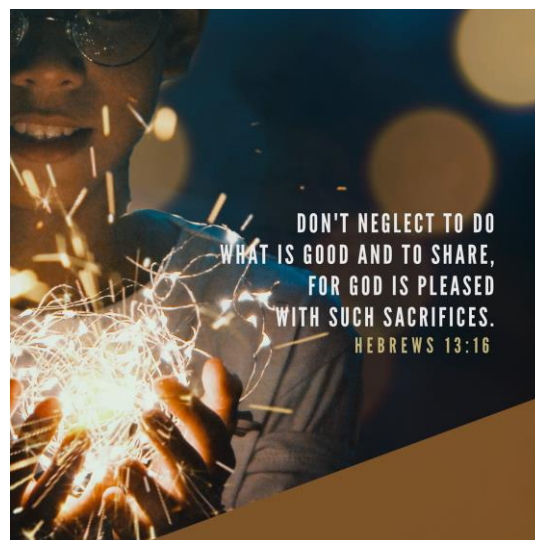


Hopefully in the very near future we will return to being able to include the wine element as part of the communion service. To that end, I would like to be proactive and have a schedule in place so we're ready to go when we get the green light. Please let me know if you would be willing to serve as a chalice bearer. And, if so, what Sunday you would like to be scheduled for.

Potential Chalice Bearers! Do you have questions about what's involved in being a Chalice Bearer and what it's really like? Please contact me with any and all questions and I'll be happy to fill you in.

Thank you.

Laura Harmon, Lauraharmon60@gmail.com



EDUCATION UPDATE

By Heather Whitesell
Education Coordinator



The children have been following the Gospel readings and using their thoughts and skills to produce some wonderful creations. Epiphany was an opportunity to write their own prayers and design a “prayer box” to keep them in.

As February is the season of love, I ask you to recall 1 John 4:7 and pray together:

“Dear Friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love, does not know God, because God is love.”



Introducing *St. George's* Expanded Live Stream Team!

By *Tom Boe*

St. George's started providing virtual worship services on Sunday March 22, 2020. Since then, our virtual services have evolved from Fr. Tom doing Morning Prayer by himself in the church basement to today's YouTube-based services in the Sanctuary. But even after in-person attendance is again our norm, we plan to continue providing live stream service for parishioners who are homebound or out of town as well as for spiritual seekers out there who might be interested in St. George's.

After two years of tinkering and evolution, it's time to "institutionalize" our virtual worship activities with a team to manage and run the technology. We're pleased to introduce that team: **Tom Boe, Cyprian Troyer, Tom Harmon, and Dan Manion.**

The next time you're back in church for worship, say hi to whoever's running YouTube and the camera in the back of the sanctuary. They're opening our doors each Sunday to all who are outside our walls.

ANNUAL MEETING

Sunday, February 6

By *Kathleen Boe, Rector's Warden*

Plan to join us for our Annual Meeting on Sunday, February 6, right after our 9:30 a.m. service.

The meeting will be held via Zoom. Instructions for signing into the meeting, along with the Annual Meeting packet, will be distributed via email in the week before the meeting. Meeting packets will be mailed to those that have newsletters mailed to them. Please plan to join us. Egg bakes optional.

In Honor of the 2022 Annual Meeting: The Amazing Annual Meeting Overnight Egg Bake!

This Overnight Egg Bake takes just minutes to assemble and can be refrigerated and then baked in the morning.

Ingredients:

- 10 sausage links
- 7 eggs whisked
- 1 cup shredded cheddar cheese
- 2 slices white bread cubed
- 3 tablespoons milk
- 2 cups shredded hash brown potatoes
- Salt and pepper to taste

Instructions:

- (When you are ready to bake) Preheat oven to 350 degrees.
- Grease an 8x8 pan.
- Cook 10 sausage links in the microwave according to package directions.
- When cooked, chop up sausage into bite sized pieces.
- In a large bowl, whisk eggs then add cheese, cooked sausage links, cubed white bread, and milk and set aside.
- Spread 2 cups of shredded hash brown potatoes onto the bottom of the greased pan.
- Pour egg mixture over top. Add salt and pepper.

Bake at 350 degrees for 40 minutes, or cover and refrigerate overnight, bake in the morning and enjoy. See you on Zoom!

In Sympathy

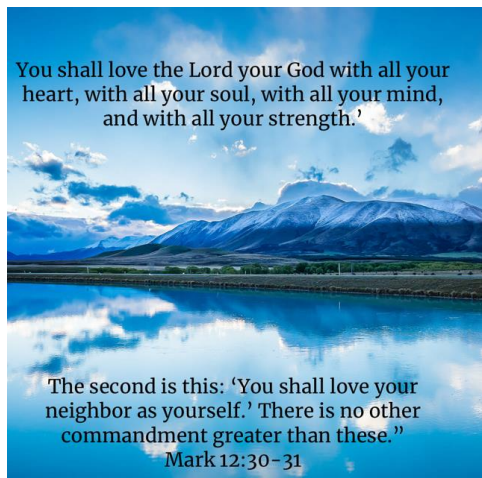


We extend our sympathies to the families who have lost loved ones recently, and we pray for strength, healing, and peace for those in mourning.

Ellen Doering's grandfather, Steve Crosby, died on December 30. Please keep Ellen and her family in your prayers.

Our prayers also go out to the family of **Patti Wales** who passed away January 17. Patti and her late husband Kenny were longtime beloved members of St. George's. Her obituary is as follows:

Wales, Patti Lou, age 89 of Edina passed away peacefully surrounded by her family on 1/17/22, one day before her 90th birthday. Preceded in death by husband, Kenny, and brother, Hal Trumble. In her youth, she loved to dance. She danced with Andahazy Ballet Company and for the USO. Later in life, she loved needlework and knitting. She won multiple blue ribbons for her needlework at the State Fair and was one of the original Mall Walkers at Southdale Mall. She was a loving mother and grandmother, who will be dearly missed. Survived by children, Pam (Michael) Romain, Scott (Laurie), and Karen (Steve) Gordenier; grandchildren, Laurel, Joe, Courtney, Sam, and Ari. Please enjoy a cup of tea and a scoop of ice cream in memory of Patti. Interment at Lakewood Cemetery. Funeral service will be held at 2PM with visitation one hour prior on Thursday, January 27th, all at: Washburn-McReavy.com Edina Chapel 952-920-3996 West 50th St. & Hwy 100.



How have you seen or felt love in the time of Covid? *from Roxy Zaun*



We asked the parishioners of St. George's to share how they have seen or felt love during the time of Covid. Here's the response we received.

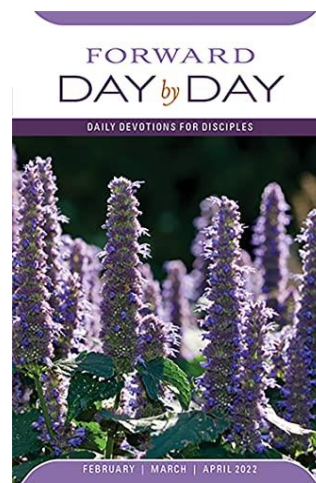
My thoughts of love are when both Tom and I were home sick with Covid. Not only did our families rally around us with bringing over food, blankets, medicine and numerous phone calls to check on us, but our St. George's family also did the same; food, calls, cards and PRAYERS. This was so much appreciated and shows that amongst the challenging times we are in, there is also a lot of love and good in the world that we can easily overlook.

Also I have felt a lot of love with all my numerous surgeries I have gone through. Again prayers and cards and phone calls meant so much to me!!

FORWARD DAY by DAY February, March, April 2022

The newest edition of Forward Day by Day (February, March, April 2022) is in! Copies are available in the Narthex and in the church office.

Office hours are Monday – Thursday from 8:30 a.m.-1:30pm and masks must be worn in the building. If you are unable to get to church, please contact St. George's and we will make other arrangements.



PARISHIONER PROFILE

Parishioner profile of the month
Leslie O'Donnell



I am a cradle Episcopalian and was baptized at St. George's and have attended my whole life. My parents, Cy and Shirley Brown, were active members from 1954 until their passing, and my sister Kathie is still an active member of the parish.

I grew up in St. Louis Park, and attended the University of Minnesota graduating with a BS in Zoology and played the trombone in the MN Marching Band. I also have an Associate of Applied Science from the Medical Institute of MN and became a Certified Veterinary Technician. I spent my whole career, 38 years, at the Animal Humane Society and retired in 2017. At that time we adopted our dog Luna, and I spent two years training her as a Registered Therapy Dog through Pet Partners. We visit "The Estates at St. Louis Park" weekly to bring love and joy to the residents. My husband Ed and I met at St. George's in 2006. We lived a few blocks from each other growing up, and attended the same schools and church but didn't know each other then. We were married at St. George's in 2009.

As a child, our family traveled all over the country every summer, camping with our tent, and Ed and I now have a Fifth Wheel camper that we keep near Isle, MN and travel quite often.

My son Curtis Olufson grew up at St. George's and starred in several Christmas Pageants. We now have a three-year-old granddaughter, Isla.

I have served on the vestry, the search committee to call Fr. Tom, the Pastoral Care Committee, and currently coordinate the Prayer Chain as well as singing in the choir and serving as a Chalice Bearer and Lector. Outside of church I am involved in Eastern Star which is a fraternal organization for women and men, enjoy hiking, biking and x-country skiing, or skijoring with Luna. Love to travel and play Pickle Ball.

We recently moved to Waconia and love being out in the country! It's still only 35 minutes to St. George's!

We asked Leslie the following questions. Here are her answers:

1) Would you rather have a fast forward, pause, or rewind button on your life? Why? I think I'd choose

pause, because life is wonderful in retirement, we have good health, our granddaughter is fun, and we love our new home and can travel and enjoy life to the fullest with God's grace.

2) What's your favorite of all the places you've traveled? I would say Australia because they love Americans, there's not a language barrier, and there are so many beautiful places to see. Plus I love their accent!

3) If you could give a piece of advice to your younger self, what would it be? Trust God, and talk to him often. He will get you through whatever hardships you face in life.

4) Popcorn or M&Ms? Love them both, sweet and salty go well together!

FEBRUARY BIRTHDAYS

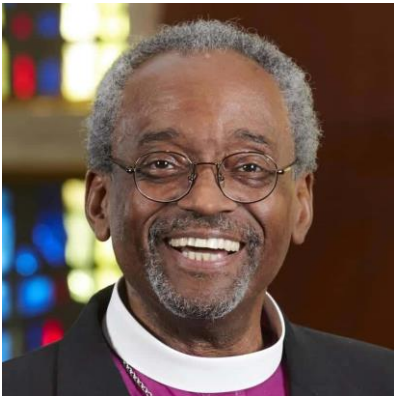


February 1	Landon Rousselow Tom Harmon
8	Betty Bauer Steve Monroe
9	Bob Jones
10	Kitty Reese
13	Bernice Kuku
16	Don Janke
20	Aaron Holbach
24	Tom Hutton
26	Jan Hagerman
27	Alissa Swartwood
29	Jane Jacobson



UPDATE: This program will be presented virtually only.

The Faith and Life Lecture series for Tuesday, February 1, will feature Presiding Bishop Michael Curry!!



Presiding Bishop Michael Curry

**Faith & The Way of Love:
Finding Hope in Troubled Times**

Feb 1 at 7pm

The Faith & Life Lecture Series exists to create welcoming and accessible public forums for members of the Twin Cities community to hear national- known speakers reflect on how Christian faith is related to different dimensions of everyday life. The talks are always free public events. The lectures typically last about 50 minutes, followed by a brief period for Q&A after the presentation by the speaker.

To watch go to faithandlife.org/livestream.



ST. LOUIS PARK EMERGENCY PROGRAM STEP

Submitted by Camille Schroeder

Many thanks to those of you who have contributed to STEP in the past year. Food, school supplies, toys, gift cards, winter-wear, and money have been contributed and have helped those in St. Louis Park who were experiencing need for the items. School supplies and holiday gifts (toys and gift cards) were given to 500+ children. And the need continues.

You can leave items you would like to donate in the red wagon in the Narthex of the church and they will be picked up and taken to STEP. The other option is to take the items to STEP yourself. They should be delivered to the back door of STEP. You will need to wear a mask when you are unloading your donated items. STEP is located at 6812 W. Lake St. in St. Louis Park. Be sure to check their website for the hours that they are open. At this time, there is a great need for food.

STEP provides many services for the people of St. Louis Park. Besides the above named items, STEP provides rental assistance, transportation and counseling services with a social worker as needed. In the future, STEP will revive the clothes closet where any St. Louis Park resident can "shop" for clothes they might need. This has been closed during the pandemic.

STEP was started by the faith communities of St. Louis Park in 1976. It has provided the residents of St. Louis Park needed help in many ways when life's emergencies happen. Thank you for supporting STEP.





MINISTERS OF THE EUCHARISTIC ASSEMBLY

	FEBRUARY 6	FEBRUARY 13	FEBRUARY 20	FEBRUARY 27
Readings	1 Corinthians 15:1-11 Psalm 138 Luke 5:1-11	1 Corinthians 15:12-20 Psalm 127 Luke 6:17-26	1 Corinthians 15:35-38, 42-50 Psalm 37: 1-12, 41-42 Luke 6:27-38	2 Corinthians 3:12-42 Psalm 99 Luke 9:28-36 (37-43a)
Lectors	Mark Schulte	Mary Kuhfeld	John Rash	Carole Leonard
Ushers	Online worship only. In-person service and ushering paused.	Tom Zaun Lou Michelich	Bob Jones Bruce Wachutka	Tom Zaun Tom Harmon
Altar Guild	Bill Stromberg Kitty Reese	Kathleen Boe Katy Campbell Rachel Santos	Nancy Becker Bruce Becker Kathie Brown	Jane Jacobson Gregg Jacobson
Coffee Servers	Coffee hour is temporarily on hold due to Covid.			

In loving memory.



WALES, Patti

CHOCOLATE FUDGE SAUCE

*This recipe was submitted by Patti Wales for a St. George's cookbook in 2002.
It is typed here exactly as it appeared in the cookbook, all capital letters and all.*

MELT 3 ONE-OUNCE SQUARES BAKERS UNSWEETENED CHOCOLATE
ADD 1 CUP SUGAR – DASH OF SALT
ADD 1 CUP CREAM WHIPPED

BRING TO A BOIL
BOIL UNTIL THICK

IT WILL THICKEN MORE AS IT COOLS

THIS IS MY FAMILY'S FAVORITE!!!
I MAKE IT FOR EVERYBODY'S BIRTHDAY PARTY.

PATTI WALES



Check out the events in February
SOME EVENTS ARE ONLINE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 11 a.m.- GBD (Zoom)	3 6 p.m. AA	4	5
6 9:30 a.m. Virtual Worship Service 10 a.m. Annual Meeting 2022	7	8	9 11 a.m.- GBD (Zoom) 7 pm – Peer Support Group–closed (PH)	10 6 p.m. AA	11	12
13 9:30 a.m. Worship Service	14 Happy Valentine’s Day! 7 p.m Finance	15	16 11 a.m.- GBD (Zoom)	17 10:30 a.m. Welcoming Committee 6 p.m. AA	18	19
20 9:30 a.m. Worship Service	21 7 p.m. Vestry	22	23 11 a.m.- GBD (Zoom) 7 pm – Peer Support Group–closed (PH)	24 6 p.m. AA	25	26
27 9:30 a.m. Worship Service	28 12 noon Women of St. George (Zoom)					

**GOSPEL-BASED DISCIPLESHIP – 11 A.M. EVERY WEDNESDAY – <https://zoom.us/j/397934453>
 Meeting ID: 397 934 453 – You may also join audio by phone: +1 312 626 6799**

About St. George's

5224 Minnetonka Boulevard
St. Louis Park, MN 55416
952-926-1646

www.stgeorgesonline.org

Office hours Monday-Thursday
8:30 a.m. – 1:30 p.m.

PARISH STAFF:

Rector: The Rev. Thomas J. Gehlsen, Ph.D.

tomg@stgeorgesonline.org

*(Fr. Tom's contact for emergencies when the office
is closed – 651-319-3570)*

Deacon: The Rev. Diane McGowan

smarl@aol.com

Parish Administrator, Marion Hunner

office@stgeorgesonline.org

Music Director, John Hoffacker, D.M.A.

johnh@stgeorgesonline.org

Children and Youth Coordinator, Heather
Whitesell

heatherw@stgeorgesonline.org

ARTISTS IN RESIDENCE:

Christina Christensen, Mezzo-soprano;
Vanessa Vaughn, Bass

VESTRY:

Kathleen Boe, Rector's Warden; Sarah
Schulte, Parish Warden; Bruce Becker, Jill
Burns, Gregg Jacobson, Jane Sandsmark,
Rachel Santos, Cyprian Troyer, and Bruce
Wachutka.

Clerk of the Vestry:

Laura Harmon

Parish Treasurer:

Connie Kotula

ADDRESS SERVICE REQUESTED

Due to the Omicron surge,
Sunday services are **ONLINE**
ONLY through at least
February 6. At that time, we will
reevaluate the situation.

Sunday Worship
on St. George's YouTube Channel
9:30 a.m.

NOTE: If you would like to receive
a print copy of the church newsletter,
please contact Marion in the office.